

Heart to H.E.A.R.T.S. Menu Tasting

RED MEAT (PICK 2)	POULTRY (PICK 1)	SEAFOOD (PICK 1)	VEGETARIAN (PICK 1)
<ul style="list-style-type: none"> •CHATEAUBRIAND •FILET MIGNON TOPPED WITH CRAWFISH AU GRATIN •GREEK MARINATED RACK OF LAMB •SAGE RUBBED PORK CHOPS WITH WARM APPLE SLAW •SEARED DUCK WITH CHERRY-CRANBERRY SAUCE 	<ul style="list-style-type: none"> •CHICKEN BREASTS STUFFED WITH RICOTTA AND GOAT CHEESE •TURKEY ROULADE WITH APPLE-CIDER GRAVY •CHICKEN AND ANDOUILLE SAUSAGE RAGU •PECAN-CRUSTED CAPONS WITH CAYENNE-LEMON SAUCE 	<ul style="list-style-type: none"> •BROILED GULF SHRIMP ON SUGAR- CANE SKEWERS WITH GARLIC-HONEY GLAZE •ROASTED RED SNAPPER WITH CHICORY- GRAPEFRUIT SAUCE •CRAWFISH IMPERIAL •POACHED OYSTERS AND ARTICHOKE WITH CHAMPAGNE CREAM 	<ul style="list-style-type: none"> •FETTUCCHINE WITH CREAMY RED PEPPER-FETA SAUCE •ROSEMARY VEGETABLE KEBABS •VEGETARIAN JAMBALAYA •APRICOT-WALNUT STUFFED ZUCCHINI •ROASTED PORTOBELLO WITH CAYENNE-SWEET POTATO PUREE

SIDES (PICK 2)	SALAD (PICK 2)
<ul style="list-style-type: none"> •JEWEL ROASTED VEGETABLES •BROCCOLI WITH TOASTED GARLIC •MASHED SWEET POTATOES WITH ORANGE ESSENCE •ORANGE-PISTACHIO WILD RICE •GARDEN RISOTTO •HERBED LENTILS WITH SPINACH AND TOMATOES 	<ul style="list-style-type: none"> •SNOW PEA, SCALLION AND RADISH SALAD •CHICORY SALAD WITH WALNUTS AND PARMESAN •CUCUMBER SALAD •BEET SALAD WITH WATERCRESS DRIZZLE •SPINACH SALAD WITH WARM BACON AND APPLE CIDER DRESSING

DESSERT (PICK 1 OF EACH)

CHOCOLATE	NON-CHOCOLATE	FRUIT PLATE
<ul style="list-style-type: none"> •RAINBOW FRUIT SKEWERS WITH CHOCOLATE-DIPPED STRAWBERRIES •CHOCOLATE-PRALINE PIE WITH HAZELNUT CREAM •CHOCOLATE-CHERRY BREAD PUDDING •CHOCOLATE-GLAZED HAZELNUT MOUSSE CAKE •CHOCOLATE GATEAU WITH CHERRY-HAZELNUT DRIZZLE 	<ul style="list-style-type: none"> •POACHED PEAR GINGER CRUMBLE •PLUM TART WITH ALMOND PASTRY CRUST •RICE PUDDING WITH BLACK CHERRIES (MADE WITH SOY MILK) •KIWI AND MANGO TARTLETS •CHAI-SPICED FLAN WITH RASPBERRIES 	<ul style="list-style-type: none"> •GRILLED TROPICAL FRUIT WITH SPICED CHAI SYRUP •PEACHES WITH BALSAMIC CHERRIES •VERY BERRY SALAD (STRAWBERRIES, BLUEBERRIES, RASPBERRIES WITH CITRIS DRESSING AND MINT)